# NEWSPAPER

Famine/www.nbcnews.com 1

#### **FAMINE IN EAST AFRICA**

In East Africa alone, there are over 30 million people dying of starvation because famine is destroying their lives. Half of these people are children. The people who live in famine conditions begin to eat inedible food, from which many people also die.

#### What types of hunger are there?

Experts define three types of hunger:

#### 1. Acute hunger:

Acute hunger describes malnutrition for a limited time. Acute hunger usually comes in connection with crises like droughts, wars or disaster. Almost 8% of all people suffer from acute hunger.

#### 2. Chronic hunger:

Chronic hunger means malnutrition in a permanent state. Most people suffer from chronic hunger It comes in connection with poverty. These people who are suffering from chronic hunger have no money for good food, clean water or healthcare.

#### 3. <u>Hidden hunger:</u>

Hidden hunger is a form of chronic hunger. Because of the lack of nutrients like iron, iodine or zinc people suffer from hidden hunger. It comes in connection with the lack of food.



#### **FAMINE**

#### **HOW DOES FAMINE COME ABOUT?**

Famine can be caused by violence, displacement, wars and natural disasters. The situation is also worsened by the lack of medical care and clean drinking water. The cause of famine in Africa is the drought that has raged there for over 60 years. Many parts of Africa can no longer be planted and sometimes the rain season fails completely, which is why the still fertile countries can slowly no longer be used for harvesting. Because of war, people have to leave their houses, countries and everything they earned on their own, the only thing they take with them is hunger.



Famine/businesspost.ng 2

## Together against the famine!

### Is Corona worsening famine?

Corona makes the situation of many starving people worse because the people who are starving and have lost their jobs can no longer earn the money they need to survive. Famine is especially difficult for children. Children cannot survive independently. Along with the respective diseases rampant in their countries it's impossible for these children to lead a quiet and carefree life without the help which they actually deserve.



www.aktionsbuendnis-katastrophenhilfe.de 3